

September 22, 2013 Morning

Pastor Jesse Waggoner

Images of the Holy Spirit: Intercessor

Romans 8:26-27

When we reach the end of our <u>prayers</u>, the Spirit reaches to the Father for us

1. When we grow weak- He will help

What we do not know- He does

What we cannot express- He can

Rejoice in His help

2. When we cannot speak- He will

The Father understands the Spirit's mind

The Spirit understands the Father's will

Re-engage in <u>prayer</u>

Conclusion:

Whatever you have, bring it to God- it will get through



Images of the Holy Spirit-EXTRA

A.C.T.S. is an acronym representing a powerful model of prayer: adoration, confessions, thanksgiving, and supplication (intercession), try it this week:

Instructions-

- 1. **ADORATION:** Begin the prayer by adoring God. Praise and worship HIM. This is a time for telling God what He means to you and how much you love Him. This is not the same as Thanksgiving where you thank God for all He has done, but a time to tell God how magnificent/holy/glorious He is.
- 2. **CONFESSION**: This is when we confess all our sins to God. Unconfessed sin creates a barrier between you and God and can hinder your prayers. Begin by confessing your sin to Him with an apologetic and repentant heart. Ask God to bring to mind any sins you may not be aware of so that you may repent and confess. "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness" 1 John 1:8-9.
- 3. **THANKSGIVING**: This is where we count our blessings, thanking and praising God for all He has given us and done for us in life. You may begin with the basics such as family, friends, food, shelter, safety, jobs, health, healing. Thank Him for hearing your prayers and for forgiving your sins, for His all-consuming love for you. Thank Him for His promises, and for the glory of His handiwork.
- 4. **SUPPLICATION**: This is also known as Intercession. This is the phase of prayer where we come to the Father asking God to supply needs for ourselves and others. Be specific in your prayers. If you feel led to pray for a certain person but don't know exactly what that person needs, ask God to lead you in prayer. He will.

Adapted from: http://www.ehow.com/how 5301772 pray-acts-prayer.html