



Love is kind

1 Corinthians 13:4

Breaking the Ice:

What actions would cause you to say “you are kind”?

For Reflection:

Patience and kindness like love are aspects of the fruit of the Spirit (Gal. 5:22). The first characteristic is love’s passive response and the second is active initiative. Patience and kindness mark God, Christ, and truly Christian behavior.—Tom Constable

Definition: kind (covered in intro video)

kind () chresteuetai be kind, usefulness

KIND

1. affectionate, loving
2. of a sympathetic or helpful nature, of a forbearing nature, gentle, arising from or characterized by sympathy or forbearance <a kind act>
3. of a kind to give pleasure or relief

Exploration:

Note: Patient and Kind are complementary terms. Whereas *being patient* withholds our agenda, frustration or judgment, *kindness* extends positive action to facilitate the agenda of the other. – JPW

1. How does taking the initiative to be kind complete what patience starts?
2. Where would we be if God were only patient and not kind toward us?
3. Can you think of some biblical examples of kindness?
4. Can you think of an example of kindness received and given in your family life?

Response:

1. Is there a person or circumstance that you need God's help to be more kind? Make that a matter of prayer.
2. Kindness cannot be produced by human effort alone; remember to rely on the Holy Spirit to give you the ability to love. (See: [Gal. 5:22-23](#))

Bottom Line:

Find a way to extend kindness to someone as soon as possible and then thank God for the opportunity.