



Jesus and Prayer **(Luke 5:16, 6:12; John 14:31, John 17:26)**

Main Idea

Jesus demonstrates & communicates that transformation takes place when we get alone with God.

Ice Breaker:

1. As a time traveler, I would like to visit _____ because _____

Discussion Questions

1. What stood out to you from the sermon? Any questions you may have?
2. Why do you think Jesus decided to separate Himself from His disciples & the coming crowd?
3. When you need time alone, where do you go & what do you do?
4. What is the greatest obstacle you face in getting alone with God?
5. What specific things do you need rest from (work, kids, activities, etc.)?
How would you cope if God gave you a new challenge instead?
6. Reading John 17:20-26, how are your prayers for others like or unlike Jesus' prayer?
7. Please share how prayer has impacted your life

Application

1. Notice how Jesus withdrew to get alone with God to pray. Many times in our lives things clamor our attention & our bodies become exhausted after attending to all the demands of life. This being said, we must spend time alone with God to be strengthened by Him & know what He wills for our lives.
2. Let our prayer life reflect how Jesus communed with God. Meaning, Jesus always talked with God first before He made any major decisions.

3. Finding time to get alone with God is not easy, but prayer and getting into His Word is vital because it connects us to Him. Like Jesus, we must break away from others to get alone with God even if that means getting up early.

Bottom Line

Spend time alone with The One (Jesus) you love

Follow Through

1. Start this week by making it a daily discipline to get alone with God in prayer and reading His Word

Below is a resource to help you get started to Get Alone with God

2. Share your Quiet Time/Personal Bible Study with someone this week

3. Practice talking to The LORD throughout your day

Getting Alone with God

Getting Alone with God (Quiet Time)

1. Choose a time and place that will keep you free from interruption and distractions
2. Journal your thoughts when you interact with God's Word. Journaling helps Scripture take root in you and begins to transform your life! You will also be able to remember more of what the Lord is speaking to you about.
3. Start a new lifelong habit even though at times you may get discouraged because you may feel that this is difficult to do. Don't get up. This may take time to establish and you'll have to rearrange some of your priorities but spending time alone with God is worth it above everything else.

Things to do as your read

Mark your Bible as you read

Put a question mark beside something you don't understand and then ask someone

Put an arrow next to a Scripture that encourages you

Ask who, what, where, when, where, and why

Journal

S.O.A.P.

"S" stands for **Scripture**: As you read pray what Scripture God wants to reveal or point out to you

"O" stands for **Observation**: What is taking place in the Scriptures? Who are the people? What's going on? What's happening?

"A" stands for **Application**: How can you take what you have read & apply it to your life right now? How will I be different today because of what I just read?

"P" stands for **Prayer**: Talk with God to help you with what you just read.

"SOAP" journaling is used by www.lifejournal.cc

SPECTator

S - is there any **SIN** in my life?

P - is there any **PROMISE** for me to claim?

E - is there any **EXAMPLE** for me to follow?

C - is there any **COMMAND** for me to obey?

T - is there any **TRUTH** for me to embrace?

"SPECT" is by the "Quiet Time" Word of Life Daily Devotionals

1. What is God telling you through the Scriptures you read?
2. How will you respond to this?

Prayer

W.A.R.

Worship, **A**dmit your sins, give your **R**equest unto God

“W.A.R.” is from NavPress “Every Man a Warrior” book 1

Websites

www.openbible.info

www.biblegateway.com

www.youversion.com

www.iamsecond.com Great testimonies

www.todayintheword.com

www.lifejournal.cc

<http://store.lifejournal.cc/firststepslifejournalstarterkit.aspx>

<http://quiettimediary.com/#>

<http://www.wolstore.org/p-1516-quiet-time-with-expanded-commentary-2013-14.aspx>

www.navpress.com

Recommended Books to Read

The Complete Bible Answer Book- Hank Hanegraff

The Christian Atheist- Craig Groeschel

Getting Your Feet Dirty- Don Everts

Crazy Love- Francis Chan

Mere Christianity- C.S. Lewis

More Than a Carpenter- Josh McDowell

Go to God in prayer daily (John 15:7)

Read God’s Word daily (Acts 17:11)

Obey God moment by moment (John 14:21)

Witness for Christ by your life and words (Matthew 4:19, John 15:8)

Trust God for every detail of your life (1 Peter 5:7)

Holy Spirit-Allow Him to control and empower your daily life and witness (Galatians 5:16-17, Acts 1:8)

“Growth” is used by Campus Crusade for Christ